

Markhor Junior Contest 2021

PIONEER LEVEL (Class VII & VIII) ENGLISH LANGUAGE

There are 25 questions, each question carries 2 marks.

Time allowed: 60 minutes Maximum Marks: 50

- 1. Which of the following is an example of an interrogative pronoun?**
 - a) He
 - b) That
 - c) **Who**
 - d) Myself
- 2. Which of the following is an example of a run-on sentence?**
 - a) **She likes ice cream, I prefer cake.**
 - b) He finished his work, and then he went for a walk.
 - c) After the party, we went home.
 - d) The movie was great, everyone loved it.
- 3. Which sentence correctly uses the Past Continuous tense?**
 - a) **I was cooking when the phone rang.**
 - b) I cooked when the phone rang.
 - c) I have cooked when the phone rang.
 - d) I am cooking when the phone rang.

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4. Which of the following is the correct passive form of: "The chef has cooked a delicious meal"?
- a) A delicious meal had been cooked by the chef.
 - b) A delicious meal has been cooked by the chef.**
 - c) A delicious meal is cooked by the chef.
 - d) A delicious meal will be cooked by the chef.
5. Choose the correct conversion of this direct speech into indirect speech:

Direct: "Please open the window," he said.

- a) He requested to open the window.
 - b) He asked me to open the window.**
 - c) He said to open the window.
 - d) He requested that I open the window.
6. Choose the sentence with the correct use of the past perfect tense:
- a) By the time I arrived, she had already leave.
 - b) By the time I arrived, she had already left.**
 - c) By the time I arrived, she has already left.
 - d) By the time I arrived, she left already.
7. Which of the following sentences is correct?
- a) She is the smartest student in a class.
 - b) She is a smartest student in the class.
 - c) She is a smartest student in a class.
 - d) She is the smartest student in the class.**

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- 8. Which sentence correctly follows the First Conditional structure?**
- a) If you eat too much, you will feel sick.**
 - b) If you eats too much, you will feel sick.
 - c) If you eating too much, you will feel sick.
 - d) If you ate too much, you would feel sick.
- 9. Choose the correct use of apostrophe for a possessive:**
- a) The dog's tail is wagging.**
 - b) The dogs' tail is wagging.
 - c) The dogs tail is wagging.
 - d) The dogs' tails is wagging.
- 10. Choose the correct passive voice for the sentence: "They have finished the project."**
- a) The project was finished by them.
 - b) The project is finished by them.
 - c) The project has been finished by them.**
 - d) The project is being finished by them.
- 11. Which of the following words contains the suffix "-ful," which indicates "full of"?**
- a) Careful**
 - b) Joy
 - c) Care
 - d) Carefully

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12. Paraphrase: "Despite the rain, the concert was a huge success."

- a) **The concert was successful, even though it rained.**
- b) The concert was unsuccessful due to the rain.
- c) The rain was the main factor in the concert's success.
- d) The rain prevented the concert from happening.

13. Choose the correct form: "If I _____ a bird, I would fly across the world."

- a) was
- b) were**
- c) am
- d) be

14. Which sentence is correct?

- a) The dog and the cat plays in the garden.
- b) The dog and the cat play in the garden.**
- c) The dog and the cats play in the garden.
- d) The dog and the cat played in the garden.

15. In report writing, which of the following is the best way to summarize key points at the end of a report?

- a) Repeating the introduction in different words
- b) Including only the major points with brief explanations**
- c) Restating the entire report content in the conclusion

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d) Writing a long, detailed analysis of the results

16. What is the appropriate tone for an informal letter?

a) Professional and objective

b) Casual and friendly

c) Diplomatic and formal

d) Concise and direct

17. When writing a dialogue, which of the following should be avoided?

a) Using quotation marks around spoken words

b) Including tags like “he said” or “she asked” to identify the speaker

c) Writing long paragraphs of uninterrupted speech

d) Varying the length of sentences to create rhythm

18. If a passage describes a character’s actions, but does not explicitly state their feelings, how can the reader understand the character's emotions?

a) By reading the character's thoughts directly

b) By making inferences from the character’s actions and tone

c) By looking for adjectives that describe emotions

d) By focusing only on the physical setting

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19. Choose the word that fits the blank: The teacher was pleased with the students' _____ efforts during the project.

- a) lazy
- b) half-hearted
- c) enthusiastic**
- d) hesitant

20. What is the role of the concluding sentence in a paragraph?

- a) To provide an additional fact or argument
- b) To summarize the paragraph and reinforce the topic sentence**
- c) To introduce the next paragraph's idea
- d) To elaborate on the supporting details

21. Identify the error in the sentence: I have seen her yesterday at the mall.

- a) have**
- b) seen
- c) yesterday
- d) at

Read the passage and answer the given MCQs (22, 23, 24, 25) below.

In recent years, the concept of "mindful eating" has gained traction as a way to foster healthier relationships with food. Unlike traditional dieting, which often focuses on restriction and calorie counting, mindful

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eating encourages individuals to pay attention to the present moment, savor their meals, and listen to their body's hunger cues. This approach emphasizes quality over quantity, urging people to eat slowly, enjoy the textures and flavors of their food, and recognize when they are truly satisfied. Research has shown that mindful eating can help reduce overeating and emotional eating, leading to better digestion and weight management. Moreover, it can contribute to a more positive attitude toward food, reducing feelings of guilt or shame often associated with eating. Although it may take time to adopt this practice, those who embrace mindful eating report feeling more in tune with their bodies and more satisfied with their meals.

22. What is the main difference between mindful eating and traditional dieting?

- a) Mindful eating focuses on calorie counting, while traditional dieting encourages enjoying food.
- b) Traditional dieting focuses on restriction, while mindful eating emphasizes paying attention to the present moment.**
- c) Both mindful eating and traditional dieting emphasize emotional eating.
- d) Traditional dieting encourages eating slowly, while mindful eating promotes fast eating.

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23. According to the paragraph, what is a benefit of mindful eating?

- a) It encourages overeating to feel satisfied.
- b) It reduces the chances of developing a positive relationship with food.
- c) It can help reduce emotional eating and improve weight management.**
- d) It makes people focus on calorie counting rather than listening to their body.

24. What does mindful eating encourage individuals to do during meals?

- a) To eat as quickly as possible to avoid consuming too many calories
- b) To ignore the body's hunger cues and focus solely on the taste of the food
- c) To savor the textures and flavors of food and listen to the body's hunger signals**
- d) To restrict food intake in order to lose weight

25. How do individuals who practice mindful eating typically feel about their meals, according to the paragraph?

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- a) They often feel guilty or ashamed of their food choices.
- b) They feel more in tune with their bodies and more satisfied with their meals.**
- c) They struggle to enjoy their food due to constant calorie counting.
- d) They feel disconnected from their bodies and dissatisfied with their meals.